



## 2026 Toronto International Dragon Boat Race Festival Team Captains Meeting

### Roster & Team Composition Rules

1. Mixed teams must have no more than 10 male paddlers in the boat. Drummer can be male or female.
2. Team members are not permitted to paddle for more than one team within the same Race Category.
3. Teams with an illegal paddler will be assessed a time penalty or disqualification.
4. Female paddlers on a Mixed team are allowed to register and race on a Women's team and/or Open team.
5. Male paddlers on a Mixed team are allowed to register and race on an Open team.
6. Each team must have a drummer however; the drummer is not required to drum.

### Marshalling

1. Marshalling for each race will begin 30 minutes before schedule race times.
2. Be aware that racing may get ahead of schedule so listen closely to marshaling calls.
3. Racing wristbands will be checked. Please keep them on at all times, **please do not remove them on Saturday evening**, you must keep them on until racing is complete on Sunday.
4. Officials retain the right to refuse permission to race for any paddler found to be impaired by spirits, drugs, or other substances that adversely affect and impair their perception, judgment, balance, reaction time, hearing and vision.

### Racing Divisions

1. At least 3 teams must be registered in a division. Any division with less than 3 teams registered will be amalgamated into the next closest racing division offered.
2. To ensure races run smoothly, smaller divisions may be combined in heats but will race independently of each other.

### Schedule Advancement

**500m Races:** For all crews, Saturday will consist of 2 x 500m time trials. These two races will seed teams into a 200m (Industry Cup or 200m final for qualifying teams) and 500m Semi-Final. The 500m Semi-Final will seed teams into a 500m Final. Semi-Finals and Finals are held on Sunday.

**200m Races:** Industry Cup races, top 18 Mixed, top 6 Women's, top 6 Open, top 18 University teams will qualify for a 200m race.

**Industry Cup Races:** To qualify for a Cup race, at least 70% of the crew must be part of the same company or industry. Exact industry cup races will be determined based on registered teams.

Teams listed below are racing for qualification in each Cup race.

#### **Financial Services Presented by TD Cup**

1. CCCC Dragon
2. TD Green Dragon Team A
3. TD Green Dragon Team B
4. Team Interac

#### **Health & Education Cup**

1. A Stern Warning
2. Bridgepoint Blazing Paddles
3. Holland Bloorview Infinite Waves
4. Stroke of Genius

#### **Professional Services Cup**

1. Engineering Team
2. Frontop Dragon Boat
3. Mott Mac Paddle Pack
4. TORONTO WYVERN CLUB
5. Stardust Casino

#### **Not-for-Profit Cup\***

1. FUDA Dragon Boat Club
2. Mon Sheong Bulldog
3. Mon Sheong Red Pandas
4. Red Thread Dragons
5. TOHK Garlic
6. TOHK Oar-Some Dragon
7. TXDPC-GOLDEN TEAM REALTY
8. YCPC Dragons

**\*Only top 6** teams qualify in the Not-for-Profit Cup Race.

#### **Racing Rules / Code of Conduct**

1. Lifejackets must be worn in the boat and done up properly, inflatable PFDs are allowed.
2. Proceed directly to the start line. Being late may result in your team being assessed a time penalty.
3. Please listen carefully to the Starting Official's instructions.
4. Proceed down the middle of your lane, or in a straight line. Teams must be within their lane at all times and not in the ghost lane.
5. If you leave your lane but do not impede another crew, you may be assessed a time penalty.
6. If you leave your lane and impede and/or hit another crew, you will be assessed a time penalty.
7. Any unsafe actions such as purposely capsizing a boat will have time penalties or disqualification.
8. Follow the directions of the Dock Marshall for returning your boat to the dock.
9. Any participant, groups, organizations, and institutions must not contain any obscene or indecent, political, religious, racial discrimination or violate laws and regulations during the activities hosted by GWN and TCBA. GWN and TCBA have reserved the rights to terminate relevant abnormal behaviors and activities during the event.
10. For additional details for rules, crew code of conduct, etc., please review: [MLDB Rules of Racing](#).

## **Filing a Protest**

1. Cost for filing a protest is \$50.00 and must be brought to the Chief Official (located at the grandstands, main festival side).
2. Filing a race protest must be done so within 20 minutes of the end of the race.
3. Filing a result protest must be done so within 20 minutes after posted results.
4. If the protest is upheld, money will be returned.
5. If protest is denied, no refund will be issued.
6. Protesting a crew's composition must occur while on the water.

## **Safety**

In the event of a boat swamping or capsizing, the following shall apply:

1. Paddlers must find their seat mate (buddy system).
2. The crew must hold onto the Dragon Boat.
3. Referee Official will do a head count.
4. If you are injured, you must let the Referee Official know.
5. If you are uncomfortable in the water, please let the Referee Official know.

## **Weather-Related Safety**

1. Safety of participants is at the forefront.
2. The Festival will be held rain or shine. Races will not be held under conditions of thunder or lightning.
3. In the situation where there is lightning, all boats will be kept off of the water for a period of twenty (20) minutes following the last occurrence.
4. If waves are too high, a number of measures will be taken to ensure the safety of participants. If the water conditions are deemed unsafe, races will be postponed or cancelled.